

## Communications Committee Agenda 4/16/24

Attendance: Tessa Rock (PR Exec), Erica Piazza (Nursing Rep), John Miller (Physics), Abdel Garbie (VP), Mehran Moghadam (Computing & Informatics), Sabreelyn Villalpando (Counseling), Mary McMahon (CODI), Bilal Khan (English), Onyeka Enwesi (Criminal Justice)

1. DIY Plant Desk Buddy Program
  - a. April 23<sup>rd</sup> at noon
  - b. Tree platform near library and Billeaud
  - c. 72 succulents to give out, will go until supplies are gone, will have leftover pots, using Tessa's acrylic markers
  - d. Ideas for spreading the word besides posting on IG?
    - i. John-have grad school send an email about it
2. Letter of Loss
  - a. Any comments or edits?
  - b. How should we distribute it? Just IG? Have MFK add it to her email?
    - i. Abdel-have to have this sent out via gso email
    - ii. Edited the resources paragraph-have Dr. Khey look it over
3. Informal discussion with reps and execs about mental health resources by Jada Hector (counselor/mental health professional)
  - a. Next week the 25<sup>th</sup> or the 26<sup>th</sup>
  - b. Purpose: to help GSO disseminate resources and talk about mental health awareness such as how to find a therapist, who should seek counseling, and ways to minimize stress/anxiety (very informal discussion)
    - i. Mary-Ask about this at the general meeting and see how many people would be interested in going